

didi
yoga retreat
hacienda de la
luna

OCT 9-13, 2025

SAN PANCHE, MEXICO

JOIN US FOR A 4 NIGHT RETREAT IN THE COASTAL
NAYARIT VILLAGE IN AN OCEANFRONT LUXURY
HACIENDA

**WITH ONLY 12 GUESTS + 2 HOSTS, THIS WOMEN-FOCUSED
RETREAT HOUSE SETS THE STAGE FOR SELF-CARE,
CONNECTION, AND FUN.**

**EXPERIENCE THE MAGIC OF
OUR RETREAT HOUSE THAT
BLENDS MODERN LUXURY
STEPS FROM THE OCEAN**

- Stay in one of our luxurious king suites, designed for double occupancy. Each room features one king bed to be shared - perfect for a cozy and comfortable retreat experience with a friend, husband or daughter/mother.
- Includes:
 - Airport Transfers from Puerto Vallarta
 - 2 traditional Mexican meals daily
 - 1 sunset beach experience

COST: \$1999
PER PERSON

BASED ON DOUBLE
OCCUPANCY FOR 4 NIGHTS.

SINGLE
SUPPLEMENT
COST: \$1500.
PER PERSON

A **\$500 DEPOSIT** IS
REQUIRED TO SECURE
YOUR SPOT.



OUR DIDI TEAM
TAMARA HOLMES
LISA DURCHIN

RESERVE YOUR SPACE NOW!
JOIN US FOR 4 UNFORGETTABLE NIGHTS IN PARADISE.
EMAIL HELLO@DIDIRETREATS.COM OR 847.878.2134

AGENDA

DIDI RETREAT SAMPLE WEEKEND ITINERARY

UNPLUG, RECONNECT & RESTORE IN SAN PANCHO

THURSDAY – ARRIVAL & WELCOME

BIENVENIDOS! YOUR JOURNEY BEGINS.

- **ARRIVE AT PUERTO VALLARTA AIRPORT (PVR) BETWEEN 2-4 PM. OUR TRUSTED TRANSPORTATION PARTNER WILL GREET YOU FOR A SCENIC DRIVE TO HACIENDA DE LA LUNA, YOUR OCEANFRONT SANCTUARY. FOR THE BEST EXPERIENCE, WE RECOMMEND ARRIVING ON THE SAME FLIGHT AS OTHER RETREAT GUESTS.**
- **WELCOME COCKTAIL & LIGHT BITES: SIP ON A REFRESHING HIBISCUS SPRITZ OR A HAND-SHAKEN MARGARITA, AND NIBBLE ON FRESH GUACAMOLE, JICAMA, AND TROPICAL FRUIT AS YOU SETTLE IN.**
- **UNPACK & UNWIND: EXPLORE THE RETREAT HOUSE, MEET YOUR FELLOW TRAVELERS, AND BREATHE IN THE PACIFIC BREEZE.**
- **SUNSET ON THE BEACH: LET GO OF THE DAY'S TRAVELS WITH YOUR FEET IN THE SAND AS THE SKY TRANSFORMS WITH HUES OF PINK AND GOLD.**
- **OPENING DINNER (7 PM): GATHER FOR A LOCALLY INSPIRED, CHEF-PREPARED DINNER FEATURING ORGANIC INGREDIENTS AND AUTHENTIC MEXICAN FLAVORS.**

AGENDA

FRIDAY – NOURISH & EXPLORE

A DAY TO AWAKEN THE SENSES AND EMBRACE STILLNESS.

- **SUNRISE COFFEE & TEA BAR (6:30 AM):** OPTIONAL EARLY RISERS' MOMENT TO JOURNAL, MEDITATE, OR WATCH THE SUN RISE.
- **CURATED BREAKFAST BUFFET (7-9 AM):** ENJOY HOMEMADE YOGURT, ARTISANAL BAKED GOODS, FRESH-PRESSED JUICES, TROPICAL FRUITS, AND PROTEIN-PACKED OPTIONS LIKE HARD-BOILED EGGS AND CHIA PUDDING.
- **MORNING ACTIVITY (9:30 AM - 11 AM):** CHOOSE AN ACTIVITY, I.E. YOGA, MEDITATION, SOUND HEALING, OR AN OPTIONAL GUIDED WORKSHOP.
- **LUNCH AT NOON:** A VIBRANT PLANT-BASED, FARM-TO-TABLE SPREAD CRAFTED TO FUEL YOUR BODY AND MIND.
- **AFTERNOON FREE TIME: CHOOSE YOUR ADVENTURE:**
 - **LOUNGE BY THE INFINITY POOL** WITH A FRESH COCONUT IN HAND.
 - **SCHEDULE A MASSAGE, REIKI SESSION, OR TEMAZCAL CEREMONY.**
 - **WANDER THE CHARMING STREETS OF SAN PANTO** FOR ARTISAN SHOPPING.
- **SUNSET COCKTAIL GATHERING (6 PM):** A CASUAL MEETUP TO SHARE STORIES OVER A HANDCRAFTED MEZCAL COCKTAIL OR COCONUT WATER.
- **DINNER IN TOWN (ON YOUR OWN):** EXPLORE SAN PANTO'S VIBRANT FOOD SCENE, FROM BEACHSIDE SEAFOOD SHACKS TO COZY MEZCALERIAS. RESERVATIONS CAN BE ARRANGED.

AGENDA

SATURDAY – MOVE, REFLECT & CELEBRATE

A DAY TO DEEPEN YOUR PRACTICE AND EMBRACE JOY.

- **BREAKFAST (7-9 AM): WAKE UP TO FLUFFY BANANA PANCAKES, AVOCADO TOAST, AND FRESH TROPICAL BOWLS.**
- **MORNING PRACTICE (9:30 AM - 11 AM): OPTIONS INCLUDE A DYNAMIC YOGA FLOW, BREATHWORK, OR AN INTERACTIVE JOURNALING SESSION.**
- **LUNCH AT NOON: ANOTHER NOURISHING SPREAD FEATURING HANDMADE TORTILLAS, FRESH CEVICHE, AND SEASONAL SALADS.**
- **AFTERNOON FREEDOM:**
 - **OPT FOR A HORSEBACK RIDE ALONG THE SHORE OR A BOAT EXCURSION TO HIDDEN BEACHES.**
 - **SURF, PADDLEBOARD, OR TAKE AN OCEAN PLUNGE.**
 - **SINK INTO STILLNESS WITH A MIDDAY SIESTA OR A RESTORATIVE MASSAGE.**
- **DINNER OPTIONS: ENJOY ANOTHER FREE EVENING IN TOWN OR OPT FOR A PRIVATE CHEF-PREPARED GROUP DINNER (AVAILABLE UPON REQUEST).**

SUNDAY – REFLECTION & FAREWELL

A DAY OF DEEP GRATITUDE AND CONNECTION.

- **SUNRISE LIGHT BREAKFAST (7 AM): ENJOY A SIMPLE SPREAD OF FRUIT, COFFEE, AND TOAST BEFORE MORNING PRACTICE.**
- **SUNDAY BRUNCH (10 AM): A NOURISHING LOCAL FEAST FEATURING HOMEMADE CHILAQUILES, TROPICAL SMOOTHIES, AND FRESH-BAKED BREAD.**
- **AFTERNOON FREE TIME:**
 - **TAKE ONE LAST OCEAN SWIM OR BEACH WALK.**
 - **HAVE A FINAL JOURNALING SESSION OR ENERGY HEALING SESSION BEFORE DEPARTURE.**
- **SUNSET FAREWELL DINNER (7 PM): GATHER ONE LAST TIME FOR A BEAUTIFUL, CANDLELIT DINNER FILLED WITH LAUGHTER, TOASTS, AND INTENTION-SETTING FOR THE JOURNEY HOME.**

AGENDA

MONDAY – DEPARTURE & INTEGRATION

A GENTLE TRANSITION BACK TO THE REAL WORLD.

- **LIGHT BREAKFAST (7-9 AM):** COFFEE, HERBAL TEA, AND A SMALL SELECTION OF FRESH BITES.
- **AIRPORT TRANSFERS (10 AM):** OUR DRIVERS WILL ENSURE A SMOOTH AND STRESS-FREE RIDE BACK TO PUERTO VALLARTA AIRPORT.

OPTIONAL ENHANCEMENTS (AVAILABLE THROUGHOUT THE RETREAT AT ADDITIONAL CHARGE):

- ✨ **WHALE WATCHING BOAT RIDE (SEASONAL) –** WITNESS THESE GENTLE GIANTS UP CLOSE. 🐳
- ✨ **TAROT CARD READING & INTUITIVE GUIDANCE –** GAIN PERSONAL INSIGHT AND DIRECTION. 🧙
- ✨ **DREAM CATCHER ART CLASS –** CREATE A HANDCRAFTED KEEPSAKE 🎨
- ✨ **PADDLEBOARDING & OCEAN ADVENTURES –** EXPLORE THE WAVES IN A MINDFUL WAY. 🏄
- ✨ **TENNIS OR PICKLE BALL –** PRIVATE COURT ACCESS FOR A FUN AND ENERGIZING MATCH. 🎾
- ✨ **TEQUILA TASTING & MEZCAL CEREMONY –** DIVE INTO THE FLAVORS AND TRADITIONS OF MEXICO. 🍹
- ✨ **TEMAZCAL (ANCIENT SWEAT LODGE CEREMONY) –** A POWERFUL PURIFICATION RITUAL. 🔥
- ✨ **MASSAGE & REIKI ENERGY HEALING –** DEEP RELAXATION AND ALIGNMENT. ✨

AGENDA

EXTRA MODERN AMENITIES FOR ULTIMATE COMFORT

EXCLUSIVE FEATURES AT HACIENDA DE LA LUNA ✨

✓ **PRIVATE GATED COMMUNITY – ENSURING SECURITY & TRANQUILITY**

✓ **NEW TRIPLE REVERSE OSMOSIS WATER FILTRATION – PURE, CLEAN WATER THROUGHOUT THE HOUSE**

✓ **COMMERCIAL ICE MACHINE – UNLIMITED ICE FOR YOUR BEVERAGES & GATHERINGS**

✓ **COMMERCIAL WASHER & DRYER – HIGH-CAPACITY FOR CONVENIENCE**

✓ **HEATING & COOLING – STAY COMFORTABLE IN EVERY SEASON**

✓ **WHOLE HOUSE SOUND SYSTEM – SET THE PERFECT AMBIANCE**

✓ **MOOD LIGHTING – DESIGNED TO ENHANCE RELAXATION & EXPERIENCE**

✓ **OUTDOOR DINING FOR 16 – DINE UNDER THE TWINKLING STARS**

✓ **LOCKED DOORS FOR SECURITY – PEACE OF MIND FOR ALL GUESTS**

✓ **TENNIS/PADDLE COURT ACCESS – STAY ACTIVE & HAVE FUN**

✓ **5-MINUTE WALK TO SAN PANCHE – A SAFE, LAID-BACK SURF TOWN WITH AMAZING RESTAURANTS & ARTISANS**

LUXURY MEETS EASE—EVERY DETAIL THOUGHTFULLY DESIGNED FOR YOUR PERFECT RETREAT.

🌿 ✨ **DIDI RETREATS ISN'T JUST A GETAWAY—IT'S A SOUL-NOURISHING EXPERIENCE FILLED WITH JOY, CONNECTION, AND RENEWAL. WE CAN'T WAIT TO SHARE THIS MAGIC WITH YOU!**

CONNECT



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CALL 847.878.2134

MORE INFO ON RETREAT CENTER.
WWW.HACIENDAANTIGUA.COM

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\$500 DEPOSIT
\$1999 DOUBLE OCCUPANCY
\$3544 SINGLE OCCUPANCY

ZELLE

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